

The best activities guide around!

JULY 2010

Independence Day Celebration – 4th
One Day Individual Stroke Play – 10th
Country Jamboree – 10th
Community Night – 16th
Texas Hold'em Tournament – 17th
Under the Stars – 24th



2010 Independence Day

SUNDAY, 4 JULY

1500 - 2100

AT CAMP ZAMA DEWEY PARK

ENTERTAINMENT SCHEDULE

1500 - 1510

Color Guard & National Anthem

1510 - 1515

Invocation

1515 - 1520

Welcome/Opening Remarks (CG/GC)

1520 - 1605

L'Attitude 35

1605 - 1630

DJ (Curtis Harmon)

1630 - 1715

USAR-J Rock Band

1715 - 1730

DJ (Curtis Harmon)

1730 - 1815

L'Attitude 35

1815 - 1830

DJ (Curtis Harmon)

1845 - 2000

Wildwoods Roses

2000 - 2040

USAR-J Band

2040 - 2110

Fireworks

**FOR MORE INFORMATION,
please call 263-5712
263-8892**

OTHER ACTIVITIES

1530 -

Start of Youth Programs:

- * Face Painting, Tattoos
- * Bouncy Castles, Inflatable Games
- * Youth Sports Games

SHUTTLE BUS SCHEDULE

Pick-up
Drop-off

SGD School Bus Stop # 90-S10
Camp Zama B# 704

1400 1600 1800

Pick-up
Drop-off

SHA Narita Bus Stop
Camp Zama B# 704

1400 1600 1800

Pick-up
Drop-off

Camp Zama B# 704
SGD School Bus Stop # 90-S10

2100

Pick-up
Drop-off

Camp Zama B# 704
SHA Narita Bus Stop

2100





The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

Contents

Army Community Service	19,21,22,23
Arts and Crafts	31
Automotive Skills Center	29
Bowling Center	14
Camp Zama Community Club	
.....	9,10,19,34
Camp Zama Golf Club	11,12,34
Chapel Activities	32
Child Development Center	8
Child, Youth and School Services ..	3,4
Community Activity Center	30
Community Libraries	31
Directory of MWR Facilities	33
Directory of Program Managers	2
Independence Day	1
Leisure Travel Services	30
Sagami Lounge	14
School Age Services	15,16
Sports, Fitness and Aquatics	
.....	17,18,25,26
Youth Sports and Fitness	5,6



THIS MONTH'S COVER

Our great republic came to life on the 4th of July, 1776, when patriots created a living document making us an independent nation—the United States of America. This month, many Americans will celebrate with traditional picnics, back yard barbecues and fireworks.

During this holiday commemorating the historic date of the birth of our nation, let us take time to reflect on the great cost and sacrifice of those who gave their lives to provide us this gift of freedom, and, the continuing self-less service of our military volunteers. Pause to remember and take time to celebrate our service members and let them know we support them.

Cover displays a montage created by Hideko Mcketa.



“See the Bugle for the advertisement”.

N

ote:

If you would like detailed information on any of our programs please check out our web site at www.zamayouthcenter.org.

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

THE HOURS OF OPERATION FOR THE ZAMA YOUTH CENTER ARE:

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

YOUTH CENTER

• Tokyo Joypolis

Friday, 2 July, 9 am - 6 pm. Joypolis is a cool indoor amusement park located in Odaiba. There is a roller coaster, 3D rides, and lots of attractions to keep you entertained for a full day. The cost is \$50. Cost includes transportation

and a free pass to all rides, excluding some carnival games.

• La Qua

Friday, 9 July, 8 am - 7 pm. Did you know there is an amusement park at the Tokyo Dome? Sign up now and ride the Thunder Dolphin coaster which is one of the world's fastest. La Qua has many great attractions for you to enjoy, plus lunch at the famous Bubba Gump Shrimp Company. The cost on/before 2 July, \$35; cost after 2 July, \$45 (includes lunch and a free pass for all rides).

• Youth Book of Records

Thursday, 15 July, 3 - 6 pm. Want to see your name in the Zama Youth Book of Records? Well, come join us at the Zama Youth Center to see if you have what it takes to set a new record in free throws, 3 point shots, hula hoop spins, or the Wii home runs. This monthly event is open to all registered members in grades 6 - 12.

• Big Bang

Wednesday, 14 July, noon - 5 pm.

CANYONING

Wednesday, 28 July
6 am - 8 pm

Cost: by 21 July is \$80 • after 21 July, \$90.

Cost includes: Transportation, wet suits, life jackets, helmets, lunch and a professional guide.

What you need: Extra clothes, swim suit, towel and sun screen.

Looking for a refreshing outdoor adventure? You will be riding the rivers in a wet suit, gliding your way down steep canyons by rappelling and jumping off waterfalls, cascading down natural chutes and swimming through crystal clear pools (must be at least age 13).

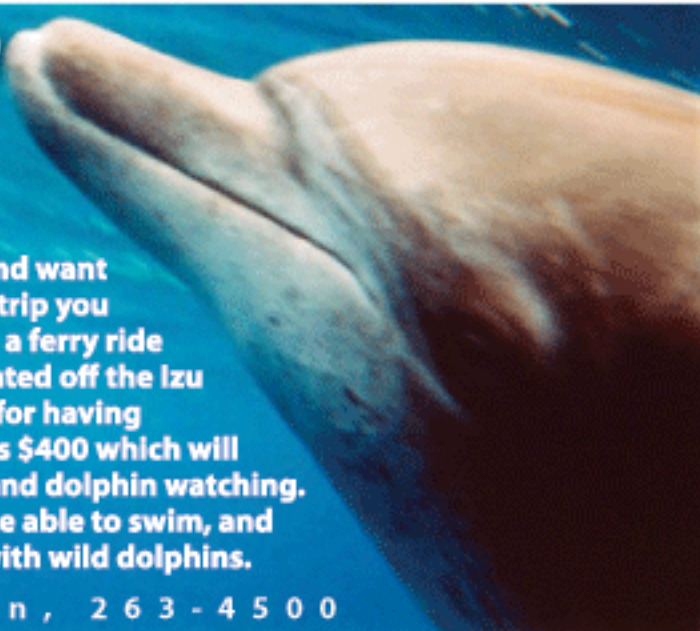


MIKURA ISLAND TRIP

Monday - Thursday,
5 (7 pm) - 8 (9 pm) July

Attention Teens! If you love marine life and want to experience it up close, then this is the trip you definitely need to take. We will be taking a ferry ride from Tokyo to Mikura Island which is located off the Izu Peninsula. This location is world famous for having dolphins live there year round. The cost is \$400 which will include meals, transportation, lodging, and dolphin watching. Please be aware that participants must be able to swim, and they will have the opportunity to swim with wild dolphins.

For more information, 263-4500



Bored? Need something fun to do this summer? Join us for a day of batting cages, arcade games, and go kart racing! Free transportation, bring extra yen for games and races (5 races=50 laps=2,000 yen).

• **Paintball in Sagami Depot**

Friday, 16 July, 11 am - 5 pm. For all you paintball lovers, here is a trip for you. The cost on/before 9 July \$30; after 9 July, \$40. Cost includes transportation and all paintball equipment. Must be 12 years old or older for this trip.

• **Toshimaen Trip**

Wednesday, 21 July, 9 am - 8 pm. Get out of the sun and take a swim at one of Japan's water/amusement parks! The cost on/before 14 July, \$40; after 14 July, \$50. Cost includes transportation, free pass to pool and amusement park.

• **Izu Beach Trip**

Friday, 23 July, 6 am - 9 pm. Enjoy a day in the sun on the beautiful white sand beaches on the Izu Peninsula. Grab your boogie boards and snorkel gear and sign up now! The cost on/before 16 July, \$15; after 16 July, \$25. Cost includes transportation and lunch.

• **Yokosuka Marina**

Friday, 30 July, 9 am - 5 pm. Need a way to cool off? Join the Zama Youth Center for a day of fun and excitement as we head to the Yokosuka Marina. Enjoy a day of tubing, kayaking, canoeing, and snorkeling. Finally, finish off the day with some shopping with a trip to the NEX. The cost on/before 23 July, \$25; after 23 July, \$35. Cost includes transportation, kayaks, canoes, snorkel gear, tubing gear, and life jackets.

TECH LAB

• **Tech Skill Builder Fridays**

Are you interested in technology or just looking to improve your computer skills? Well, come join the Youth Center's Tech Skill Builder sessions every Friday in July. Learn to use Microsoft Office, improve your knowledge of your computer, the internet, or learn to troubleshoot

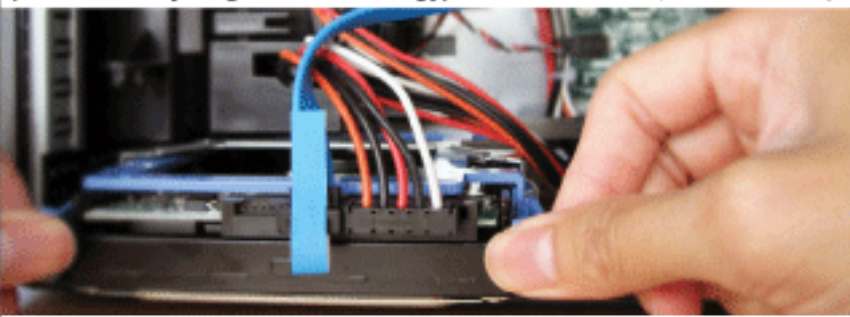
StRUT

(Students Recycling Used Technology)

21 - 22 July, 2 - 3 pm

At Camp Zama Youth Center Tech Lab

techlab@zamayouthcenter.org



In this 2 day program, we will teach you how to build your own computer from a bare case and motherboard to installing an Operating System, Drivers, and Hardware. At the end of the program you will have your very own computer to take home and have the satisfaction of knowing that it was built by none other than yourself!

common computer problems. Please check out the calendar on our website for specific event days. <http://www.zamayouthcenter.org>.

• **Web Design and Development**

Ever wonder how dynamic websites are made? Have an interest in expressing art through digital design? Join us every Monday starting 12 July as we continue our WebDev Program which started in June. Learn real life professionals skills. Programs start at 2 pm. Please check

out the calendar on our website for specific event days.

• **Movie Making Tuesdays**

Do you constantly use the video camera on your phone or camera? Do you love movies and wonder how they are made? Join us every Tuesday for our Movie Making Workshops. In July, we will be making movies based on Comedy, Action/Adventure, and Horror/Suspense. We will also discuss using the program After Effects. Programs start at 2 pm.

LEGO

ROBOTICS

28 - 30 July, 2 - 3 pm



Have a fascination for robots? Think you have an idea of how to revolutionize the world? Join us the last week of July for a 3 day Lego Robotics Program. We will spend the 3 days building the robots, programming them, and finally end the program with a chance for your robot to compete against others on a specific task.

Register at CYS Parent Central Services in Bldg 533.

For more information, please call 263-8573.

Registration.

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533, Camp Zama (behind the PX). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.

*** YOUTH SPORTS AND CAMP ZAMA GOLF COURSE ***

2010 Junior Golf Registration

High Five!!!

CLINIC	DATE	TIME	AGE GROUP	LOCATION
Clinic #1	Mon-Thurs	11-04 June	8-10, 11-12, 13-15	Age 8-10: Bldg 533, Camp Zama Age 11-12: Bldg 533, Camp Zama Age 13-15: Bldg 533, Camp Zama
Clinic #2	Mon-Thurs	11-15 July	8-10, 11-12, 13-15	Age 8-10: Bldg 533, Camp Zama Age 11-12: Bldg 533, Camp Zama Age 13-15: Bldg 533, Camp Zama

SESSION	DATE	TIME	AGE GROUP	LOCATION
Session #1	Mon-Thurs	11-04 June	8-10, 11-12, 13-15	Age 8-10: Bldg 533, Camp Zama Age 11-12: Bldg 533, Camp Zama Age 13-15: Bldg 533, Camp Zama
Session #2	Mon-Thurs	11-15 July	8-10, 11-12, 13-15	Age 8-10: Bldg 533, Camp Zama Age 11-12: Bldg 533, Camp Zama Age 13-15: Bldg 533, Camp Zama

JUNIOR CHAMPIONSHIP
Lunch and Award Ceremony to follow!
(Open to participants of both clinics)

For more information: Please contact
(Youth Sports) Robert Santosa, 263-5437 / robert.santosa@us.army.mil
(Golf) Dale Jorgensen, 263-5694 / dale.jorgensen@us.army.mil

VOLUNTEER COACHES

The #1 priority in providing a great youth sports program is our volunteer coaches - people just like YOU. We need you in order to provide a great experience for the youths in our community. If you're interested, please contact us at 263-5437. In addition, more information and an application are on our website: www.zamayouth-sports.org.

As soon as we receive your application, we will process all required documents and schedule you for a coach's class to be certified to coach youth. Upcoming sports coaches are needed for: dodgeball 7 - 10 and 11 - 15 age groups and basketball; 9 - 10, 11 - 12, 13- 15 (boys) and 9 - 11 and 12 - 15 girls age groups.

SPORTS PHYSICAL

AR 608-10 requires all youth participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, CER staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at BG Crawford R. Sams Clinic may be limited as the result of so many renewing their youth sports physical.

SUMMER LEAGUE BASKETBALL/SOCCER

The basketball league is for children ages 13 - 15 and 16 - 18 years old and the soccer league is for children ages 5 - 15. The games are held on Saturdays and end 31 July.

Fall soccer registration ends 13 August. The season starts 4 September

CAMP ZAMA COMMUNITY

BAZAAR

OVER 50 VENDORS
FURNITURE, JEWELRY, POTTERY, ANTIQUES, etc ...

AUGUST 28 SAT
9 AM - 5 PM

AUGUST 29 SUN
10 AM - 4 PM

AT THE CAMP ZAMA COMMUNITY CLUB
For more information : ☎ 263-5316

Zama ITT Fall & Winter Escapade Tours information will be available.
For more information: ☎ 263-5273/4059

British Football Academy



SUMMER SOCCER AT CAMP ZAMA

26 - 30 July (5 days) • Cost is \$80 for five days

Deadline for sign up is 23 July (spaces are limited to first 36 campers!!)

For all kids, co-ed, all abilities, aged 5 - 18 years old!!

SOCCER CAMP SCHEDULE (at Camp Zama, Yano Soccer Field)

5 - 8 year olds: 1400 - 1600

9 - 18 year olds: 1700 - 2000

- Sign up at the Parent Central Services, Bldg 533, Camp Zama (behind the PX), phone 263-4125
- Must have a current sports physical on file before you can sign up

For more information, please call 263-5437 (Youth Fitness and Sports Office)

- **PRO BRITISH COACHES**
- **DEVELOP YOUR SKILLS**
- **FREE BALL AND OFFICIAL CAMP T-SHIRT FOR 5-DAY CAMPERS**

www.footyjapan.com/bfat

BE THE BEST YOU CAN!!!

“See the Bugle for the advertisement”.

■ Child Development Center • 263-4992 / 267-6348

ZAMA CHILD DEVELOPMENT CENTERS, 263-4992

- **Cultural Fun Day**
Thursday, 1 July, 10 am - 1 pm
- **Cookie Decorating (Red, White, and Blue)**
Friday, 2 July, 2:30 pm
- **Closed (Independence Day)**
Monday, 5 July
- **Show and Tell**
Tuesday, 6 July, (all day)
- **Jello - Jugglers**
Thursday, 8 July, 2:30 pm
- **Friendship Cards**
Friday, 9 July, (all day)
- **Story Time (Zama Library)**
Tuesday, 13 July, 10 - 11 am
- **PAC Meeting (Zama)**
Thursday, 15 July, 11:30 - 12:30 pm
- **Make Fruit Salad**
Tuesday, 20 July, 2:30 pm
- **Decorating and Counting Seashells**
Friday, 23 July, (all day)
- **Story Time (Zama Library)**
Tuesday, 27 July, 10 - 11 am
- **Ice Cream Social (Family event)**
Friday, 30 July, 2:30 pm

SHA CHILD DEVELOPMENT CENTERS, 267-6348

- **Independence Day Celebration**
Friday, 2 July
- **Parent's Volunteer Day**
Wednesday, 7 July
- **Parent's Cooking Day**
Thursday, 8 July, 9 - 10 am
- **Infant Massage Class**
Thursday, 8 July, 3:30 - 4:30 pm
- **Teddy Bear Picnic Day**
Saturday, 10 July
- **SHA Army Birthday Celebration**

- Wednesday, 14 July
- **PAC Meeting**
Thursday, 15 July
- **Baby Gym Class**
Thursday, 22 July, 3:30 - 4:30 pm
- **Parent's Appreciation Dinner**
Friday, 23 July
- **Fire Truck Visit**
Monday, 26 July
- **Toddler Day Bike rodeo**
Friday, 16 July
- **Petting Zoo Visit**
Friday, 30 July

SHA Child Development Center

Parent's Night-Out

Friday, 16 July, 5 - 11:30 pm

Must register one week in advance with Parent Central Services, Bldg 533.

Cost is \$20 per child, ages 6 weeks to 12 years.

For more information, call 263-4125/4743.




On 10 June, 2010 the Zama Army Lodging conducted their ribbon cutting ceremony, officially opening the newly renovated building 552.

Participants in order from left to right:

Mr. Jose J. Gonzalez, Project Engineer, Japan Engineer District; Mr. Hiokazu Kanuma, Manager, Kanto Architectural Branch, NIPPO Corporation; COL Robert L. DeYeso, Deputy Commander, USARJ; COL Perry Helton, Commander, USAG-J; CSM Scarlett I. Stabel, Garrison CSM; Mr. Mark H. Akita, Manager, Zama Army Lodging.

C

afe Roberto.

Hours of operation are
Tuesday - Sunday,
11 am - 11 pm. Proudly
serving Starbucks Coffee
all day!!! Enjoy sandwiches,
salads, nachos, pizza and
desserts with Family or
friends in Cafe Roberto. No
food service after 10 pm.

CZCC
BINGO
Night
Every Thursday Night!
 Cards on sale starting: 6 pm
 Early Bird Game starts: 6:45 pm
 Regular Game starts: 7 pm.
 Up and Down Jackpot \$3,000 starting
 at 46 numbers and every 3 weeks will
 go up 1 number and go down \$100,
 and Progress SR Jackpot \$5,000
 starting at 46 numbers and every 3
 weeks will go up 1 number.
FOR MORE INFORMATION,
PLEASE CALL 263 - 4547

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

• Hip Hop Music w/DJ

On Friday Night, 2, 16, 23 and 30 July, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

• Latino Night

Friday, 9 July and Saturday, 24 July, 10 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

• Country Music with DJ

On Saturday night, 3 and 10 July, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

• Old School Night

Saturday, 17 July, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

• Variety Night

Saturday, 31 July, 9 pm - 2:30 am in the Firelite. Dance to the sounds of the latest top 40 hits and more.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$12.95
 Youths 8 - 12: \$6.95
 Youths 4 - 7: \$3.95
 3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

6 Hawaiian Chicken
 13 Chicken Diabolo
 20 Chicken Picate
 27 Lemon Pepper Herbed Chicken

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

7 Veal Parmesan
 14 Pork Cordon Bleu
 21 Hamburger Steak w/Demiglaze
 28 Pork Millanase

Thursday: (Rotisserie Chicken and vegetable of the day)

1 • Southern Fried Chicken
 • Spaghetti Napolitan
 8 • Pork Cutlet w/Curry Sauce
 • Penne Arrabiata

T G I F
CZCC FIRELITE LOUNGE, 4 - 8 PM
EVERY FRIDAY (EXCEPT ON COMMUNITY NIGHT DAYS)
...NEW • NEW • NEW...
"HAPPY HOUR"
from 4 - 6 pm. Special
priced drinks for Happy
Hour ONLY!!!

SATURDAY 17 JULY 2 PM CZCC BALLROOM

Tickets purchased by 13 July \$40, After 13 July \$50
Includes non-alcoholic drinks and prizes
Prizes will be based on the number of players
Sign up at CZCC Cashier's Window
Adults Only

CAMP ZAMA COMMUNITY CLUB 2 6 3 - 4 5 4 7

T H T
TEXAS HOLD'EM TOURNAMENT



LUNCH

- 15 • Teriyaki Stuffed Rolled Chicken
- Linguine Pepperoncini w/Genovase
- 22 • Hayashi Rice
- Spaghetti w/Meat Sauce
- 29 • Lemon Cream Chicken
- Penne Amatriciana
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$7.95)
 - 2 • Baked Meat Loaf
 - Meat Doria
 - Mashed Potatoes w/Gravy
 - 9 • Sweet Sour Chicken
 - Vegetable Yakisoba
 - Fried Rice / White Rice
 - 16 • Chicken Enchiladas
 - Beef Tacos
 - Mexican Rice
 - Burritos
 - Mexican Corn
 - 23 • Beef Curry
 - Yakisoba
 - White Rice
 - 30 • Chicken a la King
 - Fried Potato Croquettes
 - Mashed Potatoes with Gravy

DINNER MENU

- Sunday** (limited menu) 5 - 9 pm
 "2 for 1 Steak Night"
 (no take out)
 Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.
- Monday** - Closed
- Tuesday** (5 - 9 pm)
 2 meals for \$15 and limited menu.
 Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. (no take out).
- Wednesday** (5 - 9 pm)
 - Mongolian BBQ (\$0.75 oz)
 - Limited menu
 Reservations: Please call 263-4547 before 3 pm.
- Thursday** (5 - 9 pm)
 - "All You Can Eat Pizza, Pasta, Soup and Salad Bar"
 (no take out)

DINNER MENU

- Adults: \$10.95
 Youths 4 - 12: \$5.95
 Under 3 years old: Free
- Regular menu
- Friday "Chef's Special"** (5 - 9 pm)
 Regular Menu
- 16 Community Night
- Saturday** (5 - 9 pm)
 - Regular Menu
 - Prime Rib Dinner
 - Prime Rib and Shrimp Scampi
- 9 Bunco Night
- 10 Country Jamboree and Line Dance Show
- 17 Texas Hold'em
- 24 Wine Social
- Our regular menu will be offered in addition to the above specials on Saturday night.

ATTENTION CUSTOMERS:

On Sunday, 4 July, CZCC will not be providing brunch services since we will be assisting with the 4th of July Festivities at Dewey Park.

FREE • FREE • FREE

It's BUNCO TIME!

Gals ... and guys too!

9 July, 6:30 pm, at CZCC Ballroom (right wing)

CASH PRIZES

\$100	Most Buncos
\$100	Most Mini Buncos
\$100	Most Wins
\$100	Most Losses

Light snacks are available.

Participants must be 18 or older.

For more information, 263-4547

Camp Zama
Community Night
presents

BINGO!

Friday, 16 July, 5-8 pm, CZCC Ballroom

Hors D'oeuvres, Prizes and Entertainment
Free Event

For More Information, Please Call 263-4547

CAMP ZAMA COMMUNITY CLUB

F

or the 30 July
Payday Scramble, MWR
COMMERCIAL
SPONSORSHIP and the
ZAMA GOLF COURSE STAFF
thank our sponsor, RED
BULL, for supporting our
community and this event.

Red Bull



■ **Camp Zama Golf Club • 263-3694**
<http://www.usarj.army.mil/information/mwr/business/golf/>

Mark Your Calendars!

Nichibel	- - - - -	7 July
Individual Stroke Play	- - - - -	10 July
Payday Scramble	- - - - -	30 July
2 Person Best Ball	- - - - -	21 August
Club Championship	- - - - -	11 - 12 September
Zama Open	- - - - -	16 - 17 October



PAYDAY SCRAMBLE

Friday, 30 July, 11:30 am, shotgun start. FREE! MWR is paying the \$15 entry fee and green fees for non-members. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Sign up on line at <http://www.mwrjapan.jp.pac.army.mil/information/mwr/business/golf/>.

TOMODACHI DAYS ARE AS FOLLOWS:

2 July - Friday
9 July - Friday
16 July - Friday
23 July - Friday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 7 July, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.



JR. GOLF INSTRUCTION


with Mike Sul, PGA

Every Monday from 1600-1700
Started on 1 March

Cost: \$10



Sign-up at the Pro Shop NLT the Sunday prior
Need at least 2 students to conduct the class

FOR MORE INFORMATION CONTACT MICHAEL SUL AT
263-4975 OR EMAIL MICHAEL.SUL@US.ARMY.MIL



Individual Stroke Play

SATURDAY, 10 JULY, Tee Times Start at 6 am.

Current USGA Handicaps are required
Field will be divided into flights of 12 based on USGA Handicap index
Gift certificates will be awarded to top 4 finishers

\$20 Entry Fee (Does not include carts or lunch)

Payout as follows (assuming a full field)
1st \$100, 2nd \$75, 3rd \$40, 4th \$25

Deadline for application is Tuesday, 6 July, 5:30 pm.

Contact Dale Jorgenson, Director of Golf at 263-3694, Email at dale.jorgenson@zama.army.mil

LUNCH

Mondays (*Tour of Asia*)

- 5 No Lunch (US Holiday)
- 12 Sweet and Sour Chicken
- 19 Vietnamese Rolls
w/Peanut Sauce
- 26 Teriyaki Chicken

Tuesdays (*Tour of America*)

- 6 Pink Hot Dog
w/Pineapple Sauce
- 13 BBQ Ribs
- 20 BBQ Chicken Sandwich
- 27 BBQ Beef Wrap

Wednesdays (*Tour of Italy*)

- 7 Eggplant Parmigiana
- 14 Garlic Shrimp Pasta
- 21 Veggie Pasta w/Garlic Bread
- 28 Venetian Chicken Pasta

Thursdays (*Tour of Mexico*)

- 1 Taco Pasta Salad
- 8 Beef Fajita
- 15 Chicken Tostada
- 22 Tequila Margarita Chicken
- 29 Taco Turkey Wraps

Fridays (*Tour of Ocean*)

- 2 Shrimp Rio Grande
Quesadilla

LUNCH

- 9 Fried Cod Fish and Shrimp
- 16 Shrimp Fettuccine
- 23 Margarita Salmon
- 30 Fish Baja Tacos

Saturdays (3, 10, 17, 24 and 31 July,
no daily lunch special)

LUNCH

Sundays (*Tour Overseas*)

- 4 Chicken Apritada
- 11 Chipotle Meat Loaf
- 18 Tonmoco
- 25 Chikimoco

CAMP ZAMA GOLF CLUB 263-3694

LEARN TO GOLF ADULT CLASSES

Includes: - Five 90 Minute Group Lessons
Four On The Range And
One On The Golf Course, - Plus Four 9 Hole
Rounds Of Golf,
- Clubs And Balls Provided.

**SIGN UP NOW
IN THE GOLF SHOP**

**INSTRUCTOR: DALE JORGENSEN, DIRECTOR OF GOLF 263-3694, EMAIL AT
DALE.JORGENSEN@ZAMA.ARMY.MIL**
WHEN: THURSDAYS, 1600-1730 HOURS AT CAMP ZAMA GOLF CLUB DRIVING RANGE
(PAST GATE 7)
COST: \$99 PER PERSON, MINIMUM 5-MAXIMUM 8 STUDENTS
SESSION #4 - July 8th, 15th, 22nd, 29th, and August 5th
SESSION #5 - August 19th, 26th, Sept 2nd, 9th and 16th
SESSION #6 - Sept 30th, October 7th, 14th, 21st and 28th

**INSTRUCTOR: MIKE SUL, ASSISTANT GOLF PROFESSIONAL 263-4975, EMAIL AT
MICHAEL.SUL@US.ARMY.MIL**
WHEN: TUESDAYS, 1600-1730 HOURS AT CAMP ZAMA GOLF CLUB DRIVING RANGE
(PAST GATE 7)
COST: \$89 PER PERSON, MINIMUM 6-MAXIMUM 8 STUDENTS
SESSION #5 - July 27th, Aug 3rd, 10th, 17th and 24th
SESSION #6 - Sept 7th, 14th, 21st, 28th, and Oct 5th
SESSION #7 - Oct 19th, 26th, Nov 2nd, 9th, and 16th

ELIGIBILITY: OPEN TO SOFA STATUS PERSONNEL, MLC, IHA, HPT AND JGSDF ONLY



• ATTENTION •



FOR PLAYING HOLE #1 AND #5

Due to numerous balls going over the nets on holes #1 and #5, the following procedures are in effect:

HOLE #1: "Irons only" off the (white, blue and black) tees only.

HOLE #5: Irons only "through the green" for (white, blue and black) tee players only.

There is now Out of Bounds (OB) on the right side of hole #1 on the tee shot with a drop area provided.
No provisional balls off of hole #1 or #5 for OB.



For more information, contact Dale Jorgenson, Director of
Golf at 263-3694, e-mail at dale.jorgenson@zama.army.mil



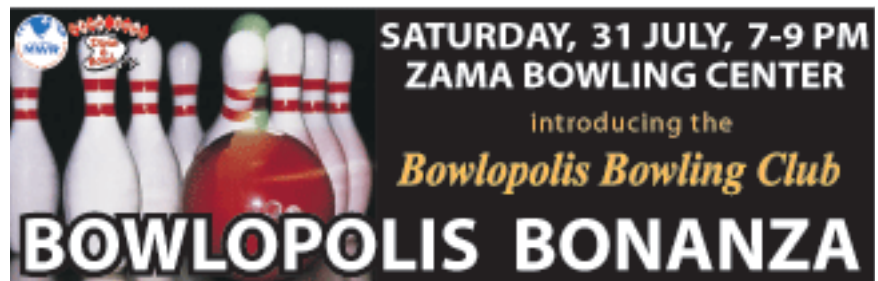
“See the Bugle for the advertisement”.

LUNCHES	LUNCHES	DINNER SPECIALS
MONDAY 5 Closed 12 Pork Ginger and Karaage 19 Fried Rice, Karaage and Yakisoba 26 Chicken Cutlet (Lounge Special) TUESDAY 6 Ankake Fried Rice and Gyoza 13 10 oz Hamburger Steak w/Cheese 20 Steak Don 27 Taco Rice and Karaage Wrap WEDNESDAY 7 Shrimp Tempura Don 14 Roasted Turkey 21 Lasagna w/Garlic Bread 28 Fried Shrimp and Curry Rice	THURSDAY (All-U-Can Eat) 1 American Buffet 8 Italian Buffet 15 Mexican Buffet 22 French Buffet 29 Oriental Buffet FRIDAY 2 Salmon Saute w/Soy and Butter Sauce 9 Yakiniiku and Curry Rice 16 Fried Shrimp and Fried Salmon 23 Garlic Chicken Saute 30 Sea Food Pilaf and Fried Turkey DINNER SPECIALS TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50) 6 Mexican Dinner 13 BBQ Dinner	20 Pizza and Pasta Dinner 27 Regular Menu WEDNESDAY NIGHT Family night movies for adults and youths 7, 14, 21 and 28 July, regular dinner menu. Choose your discount. THURSDAY NIGHT (CHEF'S SPECIAL DINNER) 1 Regular Menu 8 Ribeye Steak (6oz) and Salmon Saute (4oz) (\$20) 15 Ribeye Steak (6 oz) and Mahi Mahi Saute (4oz) (\$20) 22 Prime Rib Dinner (\$20) 29 Regular Menu FRIDAY NIGHT Mongolian BBQ on 9 and 23 July, enjoy the best Mongolian BBQ in town!!! Also, on 2, 16 and 30 July, we offer the regular dinner menu.

■ **Zama Bowling Center** • 263-4780

THIS MONTH'S SCHEDULE

- **Holiday Hours**
Discounted bowling.
- **No Tap Tournament**
Sunday, 18 July, 11:30 am.
- **Thursday, "Family Time"**: free bowling, 3 - 10 pm.



LUNCHES	LUNCHES	LUNCHES
MONDAY 5 Regular Menu only (Holiday) 12 Taco Rice 19 Chicken Zucchini Alfredo w/Garlic Bread 26 Chicken Cutlet over a bed of shredded cabbage and rice TUESDAY 6 Pork Cutlet w/Curry and Rice 13 Meat Loaf w/Mushroom Gravy and Mashed	Potato 20 Chopped Steak w/Red Sauce and Rice 27 Grilled Turkey Wrap w/Onion Ring WEDNESDAY 7 Vegetable Pinakbet w/Rice and Biko (sweet sticky rice) 14 Japanese Bento (Yakisoba, Shrimp Tempura, Shumai and Fried Rice) 21 Filipino Pork BBQ Stick w/Rice	28 Bihon w/Fried Chicken and Garlic Rice THURSDAY 1 Spaghetti and Meat Balls w/Garlic Bread and Salad 8 Macaroni and Cheese Casserole w/Salad 15 Cobb Salad w/Garlic Bread 22 Chicken Quesadillas and Spanish Rice 29 Simple Tuna and Rice Stir Fry Salad

S

AS "Summer Camp Program". Are you looking for a place where your children can join other children in fun, high "Adventure Learning" activities? Come join the School Age Services Summer Camp. "If it's fun, we'll do it".



School Age Services • 267-6013

... SAS Program Hours ...

Regular	Monday - Friday	0630 - 0830 and 1500 - 1800
Early Care	Monday - Friday	0530 - 0630
Half Day School		0530 - 0830 and 1200 - 1800
No School Day		0630 - 1800
Before / After Program Hours		0530 - 0830 and 1500 - 1800

SCHOOL AGE SERVICES OFFERED THROUGHOUT THE YEAR

School Age Services (SAS) supplements the school schedule with a wide variety of after school activities for youths 1st - 6th grade. SAS offers care for "Before and After" school, Hourly Care Open Recreation Program, School Day Out and a Summer

Camp Program. The Before and After School program has options for before school only or after school only. Each of these options entitles program participants to full day care services during out of school periods, excluding federal holidays, during the school year. Additionally, separate SAS Camps are operated during winter and spring breaks for those patrons who normally do not require daily before and after school care. During the summer months, SAS operates a full day camp program over eleven, one-week sessions.

PARENT'S ADVISORY COUNCIL (PAC) MEETING

During the months of July and August the SAS Parent Advisory Council meeting will not meet but will resume in September. Parents, this is a great opportunity for you to provide input, answer questions and share your concerns. We meet in Bldg 337, 4:45 pm. The next parent advisory meeting is scheduled for 16 September.

... SAS JULY EVENTS ...

SAS July Theme: "**Summer Fun 2010**" • "**Fin**"tastic Ocean Jamboree
Character Counts: **Respect**

- Thursday 1 1000 - 1630 100 Yen Shop / Green Wave Park
- Monday (12, 19, 26), Wednesday (7, 14, 21, 28), Friday (2, 9, 16, 23, 30):
0800 - 1700 Morning Activities / Bowling / Swimming

"SUMMER CAMP FIELD TRIPS"

- Tuesday 6 0730 - 1730 Disneyland
- Thursday 8 0900 - 1630 Hiratsuka Sogo Park
- Tuesday 13 0830 - 1630 Yokohama Sea Paradise
- Thursday 15 0830 - 1630 Nogeyama Zoo
- Tuesday 20 0730 - 1730 Hakone Kowakien Yunessun
- Thursday 22 0830 - 1630 Children's Land
- Tuesday 27 0830 - 1630 Yokohama Science Museum
- Thursday 29 0830 - 1630 Wanpaku Land

SAS PROGRAMS OFFERED

School Age Services (SAS) offers care for Before and After School with options for before school only or after school only.

- Full day care on school out days
- Winter/Spring/Summer Camps
- Funastic Adventure for a day
- Half a day escapade
- Creative play

"**Super-Saturdays**": Free Open Recreation activities every second and fourth Saturday for the community from 1 - 6 pm. All events guarantee fun for your children.

"**Funastic Adventure Day**": School Age Services will provide a day of adventure for your children on school out days from 8 am - 5 pm. Cost is \$25 per day.

"**Half a Day Escapade**": School Age Services will provide care for your children on early release days from noon - 6 pm. Cost \$15 per day.

"**Creative Play**" (occasional/hourly care): SAS will provide 12 hours of hourly care per month. Reservations must be made in advance. Cost is \$3 per hour.

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.



SKIES Unlimited

To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.



SUMMER

Programs

All children must be CYSS registered members

To register your child or for more information, please stop by the CYSS Parents Central Services Office in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.

I. SAS Summer Camp 2010 (21 June - 20 August)

Presenting "Camp Adventure Camp Counselors"

Time: 0530 - 1800

Day: Monday - Friday

Place: SHA SAS Building S-337

Cost: Determined by rank

II. Camp Zama Specialty Camp

Date: Monday, Wednesday and Friday between 21 June - 20 August

Time: 0830 - 1130

Day: Monday, Wednesday, and Friday

Place: SHA SAS Building S-337

Cost: \$50 per week

Meals and transportation are not included

Week 1.	Technology Camp	June	21, 23 and 25
Week 2.	Sewing Camp	June	28, 30 and 1 July
Week 3.	Salsa Dance Camp	July	7 and 9
Week 4.	Japanese Camp	July	12, 14 and 16
Week 5.	Origami Camp	July	19, 21 and 23
Week 6.	Spanish Camp	July	26, 28 and 30
Week 7.	Photography Camp	August	2, 4, and 6
Week 8.	Arts and Crafts Camp	August	9, 11 and 13
Week 9.	Science Camp	August	16, 18 and 20
Week 10.	Cooking Camp	August	23, 25 and 27

III. School Age Adventure Days

Cost is \$30 per child

Meals and transportation included

Limit 15 children

Tuesdays

22	June	DisneySea
29	June	Kanazawa Zoo
6	July	Tokyo Disneyland
13	July	Yokohama Sea Paradise
20	July	Hakone Kowakien
27	July	Tama Zoo
3	August	Fujikyu Highland
10	August	Yomiuri Land
17	August	Summerland

Thursdays

24	June	Kasai Rinkai Aquarium
1	July	100 Yen Store / Green Wave Park
8	July	Hiratsuka Park
15	July	Nogeyama Zoo
22	July	Children's Land
29	July	Wanpaku Land
5	August	Yokohama Science Museum
12	August	Hiratsuka Park
19	August	Ueno Zoo



YANO FITNESS CENTER POOL

Learn-to-S

Summer Program

Something for Everyone!

July Session

Monday/Wednesday/Friday

12 July ~ 30 July

Registration: 23 June ~ 7 July

0800 ~ 0850 • Levels 5 and 6 (Fitness)
0900 ~ 0950 • Levels 3 and 4
1000 ~ 1050 • Levels 1 and 2
1100 ~ 1135 • PreSchool (Levels 1, 2 and 3)
1700 ~ 1750 • Adult Advance (Levels 4, 5 and 6 F)

\$40

Per Person
Per Session

August Session

Monday/Wednesday/Friday

9 ~ 27 August

Registration: 21 July ~ 4 August

0800 ~ 0850 • Levels 5 and 6 (Diving)
0900 ~ 0950 • Levels 3 and 4
1000 ~ 1050 • Levels 1 and 2
1100 ~ 1135 • PreSchool (Levels 1, 2 and 3)
1700 ~ 1750 • Adult Beginner (Levels 1, 2 and 3)

Weekend Sessions

#1 Saturday/Sunday • 19 June ~ 17 July

#2 Saturday/Sunday • No Class 8 August 25 July ~ 28 August

1010 ~ 1100 - Adult Beginner (Levels 1, 2 and 3)
1110 ~ 1200 - Adult Advanced (Levels 4, 5 and 6 F)
1415 ~ 1450 - Preschool 1, 2 and 3 • 1500 ~ 1550 - Levels 1 and 2
1600 ~ 1650 - Levels 3 and 4 • 1700 ~ 1750 - Levels 5 and 6 (Fitness)

Registration: 7 ~ 21 July
1010 ~ 1100 - Adult Beginner (Levels 1, 2 and 3)
1110 ~ 1200 - Adult Advanced (Levels 4, 5 and 6 S)
1415 ~ 1450 - Preschool 1, 2 and 3 • 1500 ~ 1550 - Levels 1 and 2
1600 ~ 1650 - Levels 3 and 4 • 1700 ~ 1750 - Levels 5 and 6 (Safety)

AQUATICS, 263-3348

• Jacuzzi, Steam Room, Sauna

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• Training Reservations for Swimming Pool

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than 3 (three) weeks in advance. Forms can be e-mailed upon request.

• Age Policy for Swimming Pool

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

• Solarium Reservations

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

***For more information, please call 263-4664.**

Swim



Y A N O F I T N E S S C E N T E R

Sponsored by Camp Zama FMWR, Sports, Fitness & Aquatics Branch



WATER

AEROBICS PROGRAM



Classes are now
FREE!



SHA is a public facility. The facility is not responsible for any injuries or damages to participants or equipment. Releases will be updated quarterly.

SHA Outdoor Pool

Summer Opening and Closing Dates:

16 June - 6 September	1100 - 1800	Normal Operations
Open	1100 - 1800	Wednesday - Sunday
Closed		Monday - Tuesday

Mondays, Wednesdays and Fridays: 9 ~ 10 am
Tuesdays and Thursdays : 5:30 ~ 6:30 pm
No Classes on Holidays!

***Age Limit: Youth ages 13-15 must be actively participating with their parent.**

Please consult with a physician if you have any medical condition that may limit your participation in this activity. All participants must complete a waiver and liability release **prior to the first class. Releases will be updated quarterly.*

***For more information, contact 263-4664/3348/5037.**



QBC Army Community Service Quarters Beautification Competition



- Judging for the Quarters Beautification Competition (QBC) for July will be conducted during the period 1 - 9 July at the Zama, Depot and Sagami-hara Housing Areas.
- July is the third month of five consecutive months to determine those outstanding homes with an appealing, eye-catching exterior appearance and one that may get you recognized for a 1st, 2nd or 3rd place award.
- Awards will be presented on site in each of the three areas on 23 July.
- REMINDER: all winners throughout the May - September competition will also have another opportunity to be recognized. Prizes will be awarded to the OVERALL FIRST PLACE winner in each of the three areas on 8 October (location TBD).
- For additional information, please contact your community mayor or Army Community Service (ACS) at 263-8087.

MWR COMMERCIAL SPONSORSHIP and the **Army Community Service Staff** appreciate the support of the USA FEDERAL CREDIT UNION, RED BULL and the CAMP ZAMA EXCHANGE (AAFES) for supporting this five month program for the benefit of our community members.



"Under The Stars" Evening Wine Social

Saturday, 24 July, 6 pm, CZCC

Over 20 wines available for purchase
Purchase by the glass or bottle
Hors d'oeuvres available



For more information please call, 263-4547



“See the Bugle for the advertisement”.

D

eployed
Spouse Program.
If your spouse is
deployed, then ACS is
looking for you! Please
visit us to learn more
about our Deployed
Spouse Program
and sign up for your
membership card.
This card will provide
discounts throughout
various MWR facilities.

■ Army Community Service • 263-8327

RELOCATION READINESS PROGRAMS, 263-HELP (4357)

• Exploring Japan / Shopping on the Economy

Thursday, 22 July, 1 - 4:30 pm, gate 4, Camp Zama. Join us as we practice how to travel by train and subway and shop off base. Children and Family members are welcome; bring about ¥900 per adult for transportation expenses and extra yen for shopping.

• Loan Closet

Have you recently arrived at Camp Zama? Are you missing some of the "essentials" to help you and your Family get settled? Please consider ACS as a resource for assistance. Hours of operation are Monday, Wednesday and Friday, 1 - 3 pm.

• Beginner's Japanese Class (cancelled)

Will resume in October.

• Adult Evening English Class

Wednesdays, 5:30 - 7 pm. No pre-registration necessary.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)


Please phone 263-8089 to schedule your unit pre-deployment readiness training, reunion briefing, Family readiness group training, and unit rear detachment commanders (RDC) training. Free child care is provided by CDC during official FRG functions (advance coordination is required).

• Pre-deployment and Operation R.E.A.D.Y. Training

This training is designed to help all deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Outreach Room.

AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling plus a host of many other financial related programs. This pro-



Survivor Outreach Service

Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

RELOCATION READINESS PROGRAM - 263-HELP

NEWCOMERS ORIENTATION PART I: 21 July, 8 am - 4:30 pm, Camp Zama Community Club. Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II: 22 July, 8 - 11:30 am, Camp Zama Community Club. Continued overview of information and services including medical and dental. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA status drivers license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.

• For International Calls:

99 + 001 + Country Code + Area Code + Phone No.



gram was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management. Units and FRGs may request classes; email gary.wertz@us.army.mil two weeks in advance minimum. For more information, contact 263-5550

• **Scheduled Financial Classes:**

(all classes are held 1:30 - 3:30 pm)

- * Budget at ACS Monday
- * Banking at ACS Tuesday
- * Debt Management Wednesday
- * Investment TSP Thursday

First Term Soldiers on their initial duty assignment shall complete all four classes during in-processing.

• **AER Emergency Leaves:** Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site.

FAMILY ADVOCACY PROGRAM (FAP), 263-HELP (4357)

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002/4782/4853, or 090-9395-8909.

• **Sexual Assault Prevention and**



EMPLOYMENT READINESS

Provides assistance with resume's and job search by appointment. The following classes are offered by the Employment Readiness Program on Friday afternoons, 1:30 - 3:30 pm, at ACS (pre-signup is required):

- 1st Friday: Resume and Cover Letters
- 2nd Friday: Interview Techniques and Dressing for Success
- 3rd Friday: Microsoft Office Applications.

POC: Gary R. Wertz, 263-5550. email: gary.wertz@us.army.mil

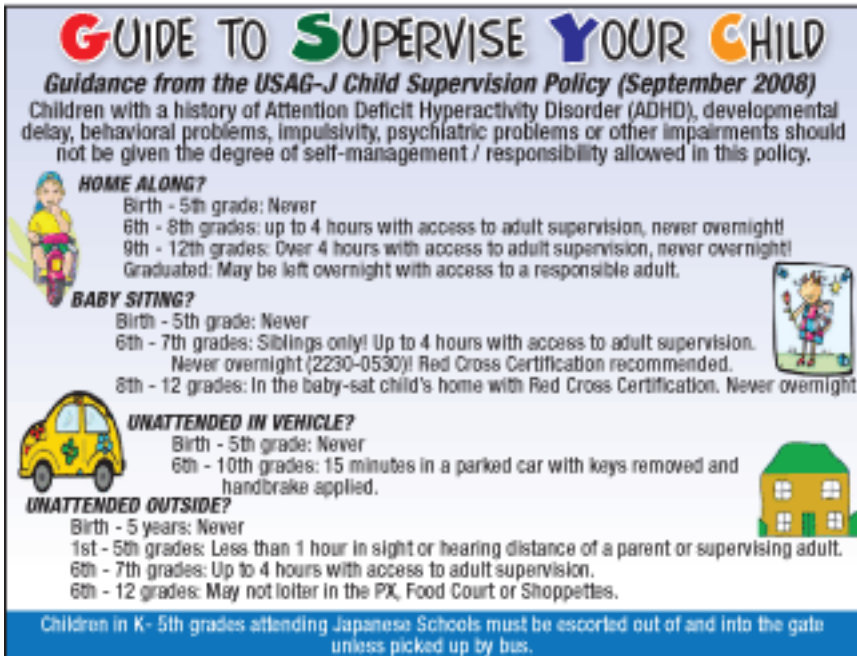
Response Program (SAPRP)

Sexual Assault Hotline from a DSN: 882# or 090-9395-8909. This is a commander's program designed to prevent sexual assault through increased awareness and training, and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP / 4357 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command,

or the SARC at 263-HELP / 4357 or 090-9395-8909.

• **Victim Advocacy**

Victim Advocacy is a free service for all personnel in the military community. The victim advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The victim advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may contact



GUIDE TO SUPERVISE YOUR CHILD

Guidance from the USAG-J Child Supervision Policy (September 2008)
Children with a history of Attention Deficit Hyperactivity Disorder (ADHD), developmental delay, behavioral problems, impulsivity, psychiatric problems or other impairments should not be given the degree of self-management / responsibility allowed in this policy.

HOME ALONE?
Birth - 5th grade: Never
6th - 8th grades: up to 4 hours with access to adult supervision, never overnight!
9th - 12th grades: Over 4 hours with access to adult supervision, never overnight!
Graduated: May be left overnight with access to a responsible adult.

BABY SITING?
Birth - 5th grade: Never
6th - 7th grades: Siblings only! Up to 4 hours with access to adult supervision. Never overnight (2230-0530)! Red Cross Certification recommended.
8th - 12 grades: In the baby-sat child's home with Red Cross Certification. Never overnight!

UNATTENDED IN VEHICLE?
Birth - 5th grade: Never
6th - 10th grades: 15 minutes in a parked car with keys removed and handbrake applied.

UNATTENDED OUTSIDE?
Birth - 5 years: Never
1st - 5th grades: Less than 1 hour in sight or hearing distance of a parent or supervising adult.
6th - 7th grades: Up to 4 hours with access to adult supervision.
8th - 12 grades: May not loiter in the PX, Food Court or Shoppettes.


Children in K- 5th grades attending Japanese Schools must be escorted out of and into the gate unless picked up by bus.

the USAG-J Victim Advocate at 882# or 090-9395-8909. A victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782/4853, or 090-9395-8909.

EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member which ever comes first. Soldiers just arriving to Camp Zama and the sponsor of and Exceptional Family Member must in-process with the EFMP Coordinator.

NPSP

 **New Parent Support Program- 263-4572.**

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Ann Elementary School).
- **Breast Feeding Support Group** is held 1 July, 9:30 - 10:30 am at ACS and 19 July, 9:30 - 10:30 am at SHA CDC.
- **NPSP Workshop: "Shaken Baby Syndrome"**, is held 20 July, noon - 1 pm. This workshop will also be a Baby Love Seminar during play morning sessions on 20 July, at Zama Chapel from 9:45 - 10:05 am and again on 29 July at EDIS from 10:15 - 10:35 am.
- **Baby Bundles** information and supplies for new and expecting parents, and electric breast pumps are available by calling 263-4572 or stop by ACS Bldg 402.
- **Electric Breast Pumps** are available for 30 day loan at ACS.

• EFMP Support Group meeting is offered on 20 July, noon - 1 pm at ACS Bldg 402. This month's EFMP workshop is Communicating with Teachers on 12 July, noon - 1 pm at ACS. If you would like to become an EFMP Respite Care Provider and or learn more about eligibility for EFMP Respite Care, please contact Cheryl Rendon, ACS EFMP Coordinator at 263-4572.

COMMUNITY LIFE OFFICE, 263-HELP (4357)

• **Army Volunteer Corps (AVC)**
Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Register as a volunteer in the Volunteer Management Information

System (VMIS). It's easy to get started! This can be completed at your home, the education center, the library or by utilizing the volunteer computer at ACS. If you do not have an account at www.armyonesource.com, register for an account by going to the site and clicking on "register for and account". Once registered with ArmyOneSource, click on "Become a Volunteer" and select "Volunteer Registration". To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator.

ARMY FAMILY TEAM BUILDING (AFTB) 263-HELP (4357)

The Key to your Army Journey and Passport to Power!

Join us for our next AFTB Class! If you are a young Soldier SGT or below and need promotion points, AFTB is a good source and a great tool that you will be able to use throughout your military career. Please call or email the program manager at 263-8087 or email wilda.tierney@us.army.mil.

ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

"AFAP is a year round process!" To submit an AFAP issue, log onto <http://www.mwrjapan.pac.army.mil> and "Submit an AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.


INFORMATION AND REFERRAL

263-HELP (4357)

I and R provides, maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. After: 30 pm and on weekends, maps and directions can also be found on www.mwrjapan.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings.

- **Children's Japanese Language and Culture Class:** Every Monday, 10:30 am - noon. Taught by a native Japanese speaker. No pre-registration required.
- **Adult English as a Second Language Class (ESL):** Every Wednesday, 1 - 2:30 pm. All levels. No pre-registration required.
- **Adult Japanese Language Class:**
Every Wednesday
Advanced class: 10 - 11 am
Beginner class: 11 am - noon.
Taught by a native Japanese speaker.
No pre-registration required.

All classes are cancelled on US holidays.



“See the Bugle for the advertisement”.

P

lease see the center page for detailed information of the Yano Fitness Center Aquatics Program.



■ Sports, Fitness and Aquatics

263-3954 / 4664

SERVICES AND CONTRACTORS (263-4664)

• Aerobics

Instructor: Ayako Robinson

Tuesday / Thursday: 1730 - 1830

Cost: \$3.50 per class

Instructor: Amy Bengel

Mondays:

Corebox: 1730 - 1830

Power Yoga: 1830 - 1930

Thursdays:

Step and Sculpt: 1830 - 1930

Cost: \$2.50

• Martial Arts (Taekwondo Classes)

* Instructor: Kellie Williams

Tuesday - Friday:

Ages 4 - 6: 1700 - 1800

Ages 7 - adults: 1800 - 1900

Cost: \$45 per month

* Instructor: Kang Hyum Soon

Monday - Thursday:

Ages 4 to adult: 1730 - 1900

Cost: \$56.20 per month (depending on yen rate).

• **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness (every Monday at 1845).

One session: \$6

4 sessions: \$20

NOTE: All Taekwondo (for both instructors) participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533, or call 263-4125.

SERVICES


• **Massage Cancellation Policy:**

Must be made 24 hours in advance from the time the original appointment was made. Please ensure to ask the staff for the information regarding this policy.

• **Aqua Massage**

The Yano Fitness Center offers "Aqua

ZAMA BOOK OF RECORDS



Held at the Yano Fitness Center

- Men and Women Divisions in every event.
- Every 3rd Saturday of the month. *This month is 17 July.

Free Throws • 3 Point Shoot Out • Bench Press • 40 Yard Dash
Football Accuracy Throw • Volleyball Accuracy Serve
Swimming - Fastest Lap • 50 Meter Kickboard

• For more details, please call 263-4664.

"YOU TOO CAN BECOME A LIVING LEGEND"

Y A N O F I T N E S S C E N T E R

HOME RUN

Men's and Women's Division

Derby



9 am
Saturday, 24 July
Rambler Field

*Registration deadline
is 9 pm, Wednesday, 21 July.

*For more information, please call 263-4664.

Massage”, \$5 for 15 minutes. You must be 18 years old or if 16 - 17 years old have written parental consent or a legal guardian present. For more information, call 263-4664/3954.

• **Shizuka's Massage Therapy**

“Massage with Shizuka” is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Fridays, and Saturdays. First appointment is 1030 and the last appointment is 1600. Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$30, 45 minutes for \$40 and 60 minutes for \$50. Payment must be made when making an appointment. Must be 21 years old. For more information, call 263-4664.

• **Yukari's Soft-Chiropractic Massage**

Japanese “Physiotherapy with Yukari” is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment

ATTENTION POTENTIAL CONTRACTORS

The Yano Fitness Center is seeking interested applicants in the following areas:

Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

at 2000), and on Sundays, 1100 - 1800 (first appointment at 1100 and the last appointment at 1700). Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$35, 45 minutes for \$45 and 60 minutes for \$60 (you must be at least age 21).

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

• **Tanning Booth**

The Yano Fitness Center has two

tanning booths. Hours:

Monday - Friday:

0530 - 2025

Weekends:

0800 - 1630

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

CLASSES

• **Brazilian Jujitsu (FREE)**

* Instructor: Henry Stasiukiewicz and Paul Everson

Monday and Wednesday,

1645 - 1900

(ages 18 and older)



FITNESS

FREE Fitness Classes / Services offered by Yano Fitness Center

Super Circuit Class
Monday and Wednesday: 1200 - 1230
Fridays: 1730 - 1800

Conditioning and Core Class
Wednesday: 1845 - 1930

Unit Pt Training
Tuesday: 0630 - 0730 (Please call the fitness coordinator four weeks in advance to reserve time slot and program request).

Pilates
Tuesdays: 0900

HIT and Core
Wednesday: 1730

TBC Yoga
Friday: 1200

Other Fitness Classes:
HIT and Core: 1730, Wednesday(s)
TBC Yoga: 1200, Fridays

Personal Training / Program Consultations
Limited days and times BY APPOINTMENT ONLY.
For more information or appointment call 263-4664/5656.

All fitness classes / services are subject to change. Please see the monthly flier for accurate times.

***Sign-up required before meeting - Fitness assessment and lifestyle questionnaire required.**





“See the Bugle for the advertisement”.

\$60 a night



Each cabin will sleep one to six people (max 4 adults) and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, cable television, DVD PS3, and BBQ grill. Visit Torii Beach Office, Bldg T301 to check in/out. Check in time is 3 - 5 pm. Check out time is 11 am. For more information, phone DSN: 644-4659 or call commercial: 011-81-611-744-4659.

TORII BEACH CABIN

Your Travel Concierge! **Zama ITT**

PLAN YOUR SUMMER TRAVEL!

Our goal is to help you to find your perfect hassle free vacation!
We are your one-stop, on-base agency to meet all your travel needs.

- Airline Tickets
- Train Reservations
- Narita Commercial Bus Reservations
- Tour Packages
- Hotel Reservations
- Rent-A-Car Reservations
- Bring Your Family To Visit You
- Visa Processing
- Much More!

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION.



- Military PHONE 263-5273/4059
- Military FAX 263-7507
- E-Mail travel@zamaitt.com

- Commercial PHONE (046) 254-8896
- Commercial FAX (046) 255-0356
- Website: <http://zamaitt.com>



.....     

**AUGUST
28 SAT**

**AUGUST
29 SUN**

COMP. TRAVEL COMMUNITY

BAZAAR

Zama ITT Fall & Winter Escapade Tours
information will be available.

A

Harley Davidson items are on sale!! Stop by the Auto Skills Center and see what we have!!



■ Automotive Skills Center • 263-3615

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
 Wednesday - Friday:
 1130 - 2000
 Saturday and Sunday:
 0930 - 1800

PLEASE NOTE:

• All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is

issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES OFFERED BY THE AUTO SKILLS CENTER

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Used Vehicle Courtesy Inspection

The Auto Skills Center offers a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only. The courtesy inspection does not take the place of the JCI.

• Towing Service and Roadside Assistance

Wednesday through Sunday during open hours of the Auto Skills Center hours of operation.

CAR WASH

The Zama Car wash can be accessed:

Monday - Tuesday: 8 am - 4:30 pm
 Wednesday - Friday: 8 am - 8:30 pm
 Saturday - Sunday: 10 am - 6 pm

The Sagami-hara Housing Area car wash is closed indefinitely due to damage.

NOTE: Final day of sign up is one day prior to the class. Participants are responsible for all materials and/or supplies for the class. For sign up information, please stop by or call 263-3615.

CLASSES START AT 5:30 PM

- Understanding tire wear: 1 and 15 July
- How to rotate your tires using a machine: 8 and 22 July

Camp Zama Automotive Skills Center

CLASSES

USED PARTS FOR SALE

- 6 X 9 speaker - - - \$30 pair
- 6 1/2 speaker - - - \$15 pair
- Safety flares - - - \$2
- CD player, stateside tune Starting at \$35 ea

We also have used tires; just stop by with your car and see if they are on the rack.

Limited online parts ordering service

Stop by the Auto Skills Center for more information to find the best price for your vehicle.

■ Leisure Travel Services • 263-4671

TOURS AND EVENTS

• Orientation for Mt. Fuji Climbing

Thursday, 1 July, 3:30 - 4:30 pm, at CAC. (Sign up by Monday, 28 June)

• Mt. Oyama Hiking

Saturday, 3 July, 7:30 am - 5:30 pm

• Asahi Beer Factory and Dinner Buffet

Saturday, 3 July, noon - 8:30 pm

• Tarai (Tub) Race and Jogasaki Walking

Sunday, 4 July, 7 am - 7 pm

• Hiratsuka Star Festival

Sunday, 4 July, 10 am - 4 pm

• Shimoda Aquarium and Dolphin Beach

Monday, 5 July, 5 am - 5 pm

• Disneyland / DisneySea

Monday, 5 July, 7 am - 11 pm

• Orientation for Mt. Fuji Climbing

Tuesday, 6 July, 6 - 7 pm, at SHA Hob Nob Inn (Sign up by Saturday,

6 July)

• Mt. Fuji Climbing

Saturday, 10 July, 4 am - 9 pm

• Izu Fun Dive

Saturday, 10 July, 6 am - 7 pm

• Gotemba Outlet Mall

Sunday, 11 July, 9 am - 4:30 pm

• Taza Zoo

Sunday, 11 July, 9:30 am - 4:30 pm

• Deep Sea Fishing (Mahi Mahi)

Saturday, 17 July, 4 am - 3:30 pm

• Mystery Surfing Tour (BOSS)

Saturday, 17 July, 4 am - 6 pm

• Hakone Sightseeing

Saturday, 17 July, 7 am - 6 pm

• Scuba Diving PADI Open Water Certification 4 Day Course

* 1st Day:

Saturday, 17 July, 8 am - 8 pm

* 2nd Day:

Sunday, 18 July, 9 am - 8 pm

* 3rd and 4th Day (Overnight at Izu): Saturday, 24 and Sunday, 25 July, 5 am - 6 pm. (Alternate for

3rd and 4th Day will be 7 - 8 August)

• Orientation for Mt. Fuji Climbing

Saturday, 17 July, 10 - 11 am. (Sign up by Wednesday, 14 July)

• Kawasakidaishi Temple Wind Chime Market and Cruise

Sunday, 18 July, 8:30 am - 8:30 pm

• Orientation for Mt. Fuji Climbing

Wednesday, 21 July, 6 - 7 pm at CAC. (Sign up by Sunday, 18 July)

• Mt. Fuji Climbing

Saturday, 24 July, 4 am - 9 pm

• Fujikyu Highland (BOSS)

Saturday, 24 July, 7 am - 7 pm

• Showa Memorial Park Rainbow Swimming Pool

Sunday, 25 July, 8 am - 6 pm

• Tokyo by Day

Sunday, 25 July, 8 am - 6 pm

• Bolishoi Circus

Saturday, 31 July, 8:45 am - 3 pm

(Sign up by Tuesday, 13 July)

• Yamato Fireworks

Sunday, 1 August, 4 - 10:30 pm

■ Community Activity Center • 263-3939/5712/8892

If you are interested in teaching hula, jazz, piano and drum classes please stop by the Community Activity Center (263-8892) or call the Contracting Office at 263-4986.

CLASSES

• Ballroom Dance

* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:10 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have experience and/or good physical ability for dancing.

• Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic

class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

• Piano Lesson (four classes a month, ¥7,000).

Monday - Friday.

• Violin Lesson (four classes a

month, ¥7,000).

Tuesday or Thursday.

• Koto Lesson


Tuesday (four classes a month).

Adult: ¥8,000, Youth: ¥7,000

ATTENTION: The Music Theater Workshop will be closed for HVAC System constructions.

Ballet Classes

NEW



Tuesday Classes

Youths Beginner (4 - 6)	\$40 (4 x 45 min class) 1730 - 1815
Intermediate	\$60 (4 x 90 min class) 1830 - 2000

Wednesday Classes

Youths Beginner (7 - 12)	1715 - 1800
Beginner (13+)	1815 - 1945 \$60 (4 x 90 min class)

Friday Classes (Registration Deadline: 2 July)

Youths Beginner	1600 - 1645 or 1715 - 1800 \$40 (4 x 45 min classes)
Advance	1815 - 1945 \$60 (4 x 90 min class)

N

■ Arts and Crafts • 263-4412

NOTE: All classes require advance registration. Schedules are subject to change.

HOURS OF OPERATION

Monday - Tuesday: Closed
 Wednesday - Friday: 1130 - 1930
 Saturday - Sunday: 1000 - 1800

CLASSES

- **Silk Screen Work Shop**
 \$15 for a class, includes one free t-shirt (appointment only).
- **Wood Shop Orientation for DA 3031.**
 Saturdays: 10 am, no fee.
- **Frame Shop Orientation**
 2nd and 4th Thursday, 6 pm, \$10 a class; supplies are not included.
- Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.
- **Wash-Paper Craft Work shop**
 \$10 a class; supplies are available at the sales store (by appointment)
- **Tole Painting Class "American Folk Art"**
 Thursdays, 3 pm, \$20 for a class.
- **Ikebana** (fresh flower arrangement class)
 1st, 2nd and 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).
- **Shodo** (Japanese calligraphy class),
 Wednesday, 4 pm, \$10 for a class; includes all supplies.
- **Pottery Classes**
 * Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included.

... WANTED ...

Zama Arts and Crafts Center is now looking for instructors in the following areas: water color paint, Toile paint (acrylic paint), washi paper craft, digital photograph, pottery, balloon art, scrapbook, sawing and color pencil drawing.



■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- 2010 by Morris, Dick
- Burning Lamp by Quick, Amanda (Best Seller)
- Double Comfort Safari Club by Mc-Mall Smith, Alexander (Best Seller)
- Eight Days to Live by Johansen, Iris (Best Seller)
- End of Wall Street by Lowenstein, Roger
- Every Last One by Quindlen, Anna
- Lucid Intervals by Woods, Stuart (Best Seller)
- Matterhorn by Marlantes, Karl
- Spoken From the Heart by Bush, Laura Welch (Best Seller)
- This Body of Death by George, Elizabeth

NEW CRITERION COLLECTION BLU-RAY DVDS

- The African Queen
- Breaking Bad (Seasons 1 - 3)
- Crazy Heart
- Enter the Dragon
- Hachi: A Dog's Tale
- The Lovely Bones
- Mad Men (Seasons 1 - 3)
- Ride with the Devil
- Tombstone
- The Young Victoria



■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Fridays, noon, daily Mass, Blessed Sacrament, Chapel

Sundays, 9 am, Mass, Zama Chapel.
Sundays, 9:15 am, Children's Liturgy of the Word. Blessed Sacrament Chapel.

1st Friday, 6 pm, MCCW meeting, Zama Chapel

PROTESTANT SERVICES

Sundays, 9:30 am, Sunday School for all ages at the Religious Education Center.

Sundays, 10:15 am, Praise Team Rehearsal, Zama Chapel.

Sundays, 11 am, Worship Service, Zama Chapel.

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

Wednesday, Praise Team Rehearsal, Zama Chapel

SAGAMIHARA PROTESTANT INSPIRATIONAL SERVICES

Sundays, 9:30 am, Sunday School, Sagamihara Chapel.

Sundays, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services).

Wednesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Mondays - Fridays, 6:30 - 7:30 am, LDS Youth Seminary (August - June), Sagamihara Chapel.

Tuesdays, 7 pm, Tuesday Night Youth Activity, 7 pm, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 046-234-9490, Brian Howard at 263-7419, or Doug Moore at 267-6472.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Second Saturdays (Sabbaths), 9:30 am Sabbath School, 11 am Divine

Worship, Zama Chapel. Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

ONGOING BIBLE STUDIES

Sundays, 9:30 am, adult Sunday School Class, "The Book of Romans" at the Religious Education Center.

Tuesday, 6:30 pm, Bible Study, "The Book of Hebrews", SHA Quarters #551.

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Zama Chapel, Molly Lang at 263-7161.

Thursdays, 6:30, Bible Study, Zama Chapel Fellowship Hall.

For more information, please call the chapel at 263-4898.

JULY SEASONAL ACTIVITIES

Friday, 19 - 21 July, 78th Signal Bn Strong Bonds Training for Families.

The Garrison religious support programs offer many other religious based opportunities for you and your Family: (Bible studies, youth groups, men's groups, women's groups, music ministries, etc). If you desire more information, please call the Garrison Chaplain's Office at 263-4898. The Garrison Chaplain's Office only advertises those religious activities under its auspices.

CAMP ZAMA BOSS PROGRAM

Meeting every other Tuesday at 4 pm in the Warrior Zone (located in Building 533). Everyone is welcome to attend!!!

BOSS WARRIOR ZONE HOURS!!!

Monday - Saturday: 6 - 8 pm
Sunday: 2 - 7 pm

BOSS President:

SGT Valery Valtrain

Tel: 263-5197

e-mail: valery.valtrain@us.army.mil



Please give us your

ADVICE

Interactive Customer Evaluation

We are listening!

Good or Bad, we'd like to know!

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

<http://ice.dlsa.mil/index.cfm>

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

■ **Army Community Services** 263-4357
Mon - Wed 0730-1630
Thu 1300-1630
Fri 0730-1630
US Holidays Closed

ZAMA Golf Club

■ **DIRECTOR OF GOLF** 263-3694
ADMINISTRATIVE OFFICE 263-4966

(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Business Division

■ **ADMINISTRATIVE OFFICE** 263-7935

■ **BOWLING CENTER ZAMA** 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ **BOWLING CENTER DEPOT** 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ **ZAMA COMMUNITY CLUB**
■ **ADMINISTRATIVE OFFICE** 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ **HOB NOB INN** 267-6097
Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300

Thu 1630 - 2100
Fri 1630 - 0100
Sat 1900 - 0100

■ **SAGAMI LOUNGE** 268-4954
Take Out 268-4142
Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000
Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Recreation Division

■ **CHIEF RECREATION OFFICE** 263-3479
■ **ADMINISTRATIVE OFFICE** 263-5614
■ **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed
Wed-Fri 1130-1930
Sat & Sun 1000-1800

■ **AUTOMOTIVE SKILLS CENTER** 263-3615
Mon-Tue Closed
Wed-Fri 1130-2000
Sat-Sun 0930-1800

■ **COMMUNITY ACTIVITY CENTER** 263-3939
Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ **INTERNATIONAL TOURS** 263-5273
Mon-Fri 1000-1800
Open during lunch

■ **LIBRARY** 263-3517
Zama
Mon-Thu 1000-2030
Fri- Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603
Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ **OUTDOOR RECREATION** 263-4671
US Holidays Closed

Vehicle/Equipment Rental & Leisure Travel Services
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915
Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270
Kure Lodging 256-2580

■ **POOLS** 263-3348
YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800
SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)
■ **SPORTS/FITNESS CENTER** 263-4664

Zama 263-3954
Mon-Fri 0530-2100
Sat-Sun, Holidays 1000-1800
Sagamihara 263-3954/267-6762
Mon-Sun Open 24 hrs
Depot 268-4729
Mon-Sun, Holidays 0930-1830

Support Services Division

■ **DIRECTOR** 263-4273
■ **ADMINISTRATIVE OFFICE**

Child, Youth & School Service Division

■ **CHILD, Y&SS COORDINATOR** 263-8086
(All the following CDC facilities are open during lunch.)

Parent Central Services 263-4125
263-4743
Mon-Wed 0800-1700
Thu 1000-1700
Fri 0800-1700

Family Child Care 263-4743
263-4125
267-6564

Sagamihara CDC
Mon-Fri 0530-1800
Zama CDC 263-4992
Mon-Fri 0530-1800

■ **YOUTH SERVICES** 263-4500
Zama Youth Center
Mon-Thu 1430-2000
Fri 1430-2200
Sat 1300-2200
Sun Closed
School Age Services (SHA) 267-6317
Mon-Fri 0630-1800
Youth Sports 263-5437
Mon-Sat 0900-1800
Open during lunch

School Liaison Office 263-3241

Zama Lodging

■ **ADMINISTRATIVE OFFICE** 263-3293
Reservation Desk 263-2775
Front Desk 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ **MWR OFFICE** 644-5396
■ **ADMINISTRATIVE OFFICE** 644-4270

■ **ARMY COMMUNITY SERVICE**
Director 644-4110
Relocation Coordinator 644-4385
Mob-Dep/IVC 644-4116
Financial Readiness/AER 644-4378
Family Advocacy Program 644-5919
Victim Advocate/SARC 644-4908
AFTB/AFAP Program 644-4743
EFMP Program 644-4106
ACS FAX 644-5918
School Liaison Office 644-4703

■ **ARTS & CRAFT CENTER** 644-4303
Lobby 644-4706

■ **AUTOMOTIVE SKILLS CENTER** 644-5612
■ **CORAL COVE COMMUNITY CLUB**

Business Manager 644-4256
Lounge 644-4306
Cashier Cage 644-4426

■ **LIBRARY** 644-4468
Staff Room 644-5335

■ **MARKETING**
Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665

■ **SPORTS / FITNESS**
Sports / Fitness 644-4334
Aquatics 644-4389

■ **OUTDOOR RECREATION**
Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Beach Rental Office 644-4659
Cabin Reservation 644-4659

011-81-611-744-4659

Kure Harbor Club

■ **MWR Office** 256-2580
256-2581
0800-1630

■ **Outdoor Recreation** 256-2575
0900/1700

■ **Dining Room**
Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300
Tue-Sat (Dinner) 1630-2000

■ **Bar** Mon 1630-2000
Tue-Sat 1630-2200

■ **PX / CLASS 6**
Mon-Fri 0900-1730
Sat 1130-1530

COUNTRY JAMBOREE & LINE DANCE SHOW

Performances by local and base groups!

SATURDAY, 10 JULY, CAMP ZAMA COMMUNITY CLUB BALLROOM



*Please contact CZCC for time of event.
Live entertainment and door prizes!
Sign up at the Cashier's Window*

For more information, please call 263-4547

C A M P Z A M A C O M M U N I T Y C L U B

WIN \$10,000

Be one of the ten to compete at the 2010 Military Long Drive Championship Finals for \$10,000. Win local prizes too.

2010 MILITARY
LONG DRIVE
CHAMPIONSHIP

Register Today!

www.armymwrgolf.com

Date: 14 August

Time: 1 - 6 pm

Course: Sagami General Depot



Contact Dale Jorgenson at 263-3694 for details. Open to Active Duty service members from any branch of service and their Family members 18 years and older with valid Military ID card. Reservists, National Guard, and Retirees may participate in the Long Drive Competition held on participating US Army golf courses. Reservists and National Guard members regardless of status are eligible to compete.

盆 おどり

U.S. ARMY CAMP ZAMA'S 51ST 第51回 在日米陸軍キャンプ座間



8月7日(土)、一般開放致します
ご来場お待ちしております



BON ODORI FESTIVAL



SATURDAY, 7 AUGUST 2010
10:30 - 21:30 (No Rain Date)

2010年8月7日(土曜日)
10:30 - 21:30 (荒天中止)

- BON DANCING • FOOD • LIVE ENTERTAINMENT
- STREET PERFORMERS • FAMILY ENTERTAINMENT
- GAMES • FIREWORKS

For your protection and safety, large bags, backpacks, ice chests, coolers, skate boards, bicycles, kick bikes, pets, alcoholic beverages and glass containers are prohibited.

* Please expect entry delays.

* FORM OF PHOTO IDENTIFICATION* MAY BE RANDOMLY CHECKED.

- 盆踊り • 出店 • ライブエンターテイメント
- ストリート パフォーマンス • 家族向けエンターテイメント
- ゲーム • 花火

保安上、大きなバッグ、バックパック(ナップザック)、クーラーボックス、スケートボード、自転車、キックボード、ペット、お酒、ビンやコップ等のガラス類の持ち込みは禁止されています。

* ゲートでの荷物検査の為、入門に遅延がつかることがございますのであらかじめご了承下さい。

「写真付き身分証明書」の提示が必要になる場合がございます。よろしくご理解・ご協力をお願い致します。



BON DANCE LESSONS SCHEDULE : 17:30 - 19:30 (Approx.)

(盆踊り練習 スケジュール)

Community Activity Center (Camp Zama, Bldg. 267)

Tuesdays & Thursdays - 20, 22, 27, 29 July, and 3 & 5 August

For more Information:
お問合せ:

Please call [By Fri 6 August]
電話 [8月6日(金)まで]
テープ案内 [8月7日(土)まで]

• DSN: 263-5712/8892 • TEL: 046-407-5712/8892
• DSN: 263-5712/8892 • TEL: 046-407-5712/8892
• DSN: 263-4177 • TEL: 046-407-4177

<http://www.mwrjapan.army.mil/events>

MWR COMMERCIAL SPONSORSHIP THANKS TO OUR SPONSORS FOR SUPPORTING THIS EVENT. 盆踊りスポンサー



(Sponsorship does not imply endorsement by the U.S. GOVT.)

Supported by Zama City / 後援: 座間市